Companies Age Like People Do

Idea In Short

Companies move through developmental stages much like people do, from an early spark of passion and mission through maturity and, sometimes, decline. Research on what a major consulting firm calls founder's mentality identifies specific internal forces, not market conditions, as the primary reason companies lose the scrappy magic that made them successful in the first place.

An Early Introduction to Lifecycles

An early introduction to the concept of company lifecycles came through a two-day workshop led by a consultant named Adizes, brought in specifically to walk a manufacturing company's leadership through the growing pains it would likely face over the coming decade.1 The workshop proved remarkably prescient in hindsight, a useful early lesson in taking organizational lifecycle thinking seriously.

Companies Move Through Stages, Just Like People

Companies, much like people, move through distinct stages of development, maturity and eventual decay, and each stage carries its own specific challenges that must be overcome for continued growth and success. Certain predictable traps await companies along the way, sometimes described using the same vivid language applied to human development, including something akin to infant mortality for young ventures that fail before establishing real footing.

Founder's Mentality, Revisited Years Later

Years later, a related and complementary framework from Bain & Company, called founder's mentality, offered a fresh lens on the same underlying tension between corporate youth and corporate maturity. At its core, the idea is simple: small companies start with a genuine

spark, a real passion and a clear mission, and Bain makes a compelling case that companies tend to lose that early magic over time for identifiable, recurring reasons. Familiar case studies from business school curricula illustrate the pattern well: small, scrappy challengers eventually grow into the very kind of large, established incumbents they originally set out to disrupt.

The Gap Between Ambition and Achievement

Bain's research into corporate annual reports found that a large majority of companies stated an intention to outgrow their markets by a substantial margin, yet relatively few actually achieved that ambitious goal. Digging into why revealed something notable: the companies studied did not primarily blame external market conditions or a difficult competitive environment. They pointed instead to internal factors, including organizational complexity, cultural problems, resource constraints, an inability to maintain focus and weak underlying business plans.2

Mapping the Journey From Insurgent to Incumbent

Consultants have a well-documented fondness for two-by-two matrices, and Bain's framework maps founder's mentality against big-company scope and scale. The most common trajectory starts in the corner representing lots of founder magic but little scale, and as companies grow larger, more profitable and more successful, they gradually drift toward losing that original mentality, transforming from scrappy insurgents into established incumbents along the way.

The Forces That Erode Founder's Mentality

Four specific forces tend to push companies toward losing their founder's mentality: an unscalable founder whose personal involvement becomes a genuine bottleneck rather than an asset, the loss of front-line voices as an organization grows more layered and distant from customers, revenue growing faster than the talent base needed to sustain it, and a general erosion of individual accountability as responsibility spreads across more people and functions.

The Forces That Erode Scale and Scope

A separate set of forces erodes the practical benefits of scale itself. A complexity doom loop, where efforts to manage growing complexity generate even more complexity, ranks among the most common. The gradual death of a nobler shared mission, the well-documented curse of matrixed organizational structures, and the fragmentation of a once-coherent customer experience round out the remaining forces, each one familiar to anyone who has worked inside or consulted for a large, established organization.

What Leaders Can Actually Do About It

Recognizing the pattern is only useful if it changes behavior, and Bain's research points toward a few concrete countermeasures worth building into how a growing company operates. Deliberately protecting front-line voices, through regular unfiltered contact between leadership and customer-facing employees, helps prevent the drift toward a distant, insulated executive team. Explicitly naming who owns which decision, rather than letting accountability diffuse quietly as headcount grows, helps counter the erosion of ownership that tends to accompany scale. None of these countermeasures are exotic; the harder part is applying them consistently once early success starts to feel comfortable.3

Applying Lifecycle Thinking Broadly

Lifecycle thinking applies well beyond individual companies, extending naturally to products, professional relationships and arguably most things in life. Progress rarely moves in a straight line; it tends to follow a series of genuine ups and downs, more accurately described as overlapping S-curves than a single smooth trajectory. Even something as specific as a single blog's content, readership and tone continues evolving in exactly this same pattern over time, a small but telling illustration of how universal the underlying lifecycle logic really is.

- 1Organizational Life Cycle
- 2Organizational Complexity
- 3Bain & Company

Summary

Companies age like people, moving from an early spark of mission through maturity and sometimes decline. Founder's mentality fades from specific, nameable internal forces, not bad luck or tough markets, and recognizing those forces early is the clearest path to sustaining growth.